



Tollgate Primary School



Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	Sausages with Onion Gravy & Mashed Potatoes	Tuna Wrap with Salad & Mayonnaise	Roast Turkey & Stuffing with Roast or Boiled Potatoes	Salmon, Broccoli & Sweetcorn Pasta Bake*	Fish Fingers with Potato Wedges
Main Choice Vegetarian	Spanish Omelette with Wholemeal Baguette & Salad	Vegetarian Lasagne*	Roast Vegetable Pie with Roast or Boiled Potatoes*	Cheese & Tomato Pizza	Mixed Bean Burrito with Salsa & Potato Wedges
Vegetable Selection	Cook's Vegetable Selection	Cook's Vegetable Selection	Fresh Seasonal Vegetables	Cook's Vegetable Selection	Baked Beans Peas
Dessert	Melon & Fruit Medley	Apple Crumble with Custard*	Rice Pudding with Jam*	Chocolate & Orange Sponge with Chocolate Sauce*	Fruit, Jelly & Ice Cream

Daily Selection also includes :
Salad Bar , Fresh Fruit, Yoghurt, Cheese & Biscuits
Selection of Sandwiches. Additional bread .



All fish from sustainable sources
 *indicates 'home made' dish
Items subject to availability





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Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice One	Lamb Burger in a Burger Bun with Salad	Chilli Con Carne (Beef)* with Rice & Tortilla	Roast Beef with Roast or Boiled Potatoes	Spaghetti Bolognese (Beef)*	Fish Fillet with Chips or Mashed Potatoes
Main Choice Vegetarian	Chick Pea & Potato Curry with Rice*	Jacket Potatoes with Cheese or Tuna	Quorn Casserole with Roast or Boiled Potatoes *	Quorn Frankfurter Hot Dog Roll with Onions	Cheese & Onion Slice with Mashed Potatoes
Vegetable Selection	Cook's Vegetable Selection	Cook's Vegetable Selection	Fresh Seasonal Vegetables	Cook's Vegetable Selection	Peas Baked Beans
Dessert	Fresh Fruit Medley	Banana Cake with Custard*	Orange & Mango Fruit Smoothie	Oat & Raisin Cookie	Fruit Salad with Yoghurt Ice Cream

Daily Selection also includes :
Salad Bar , Fresh Fruit, Yoghurt, Cheese & Biscuits
Selection of Sandwiches. Additional bread .



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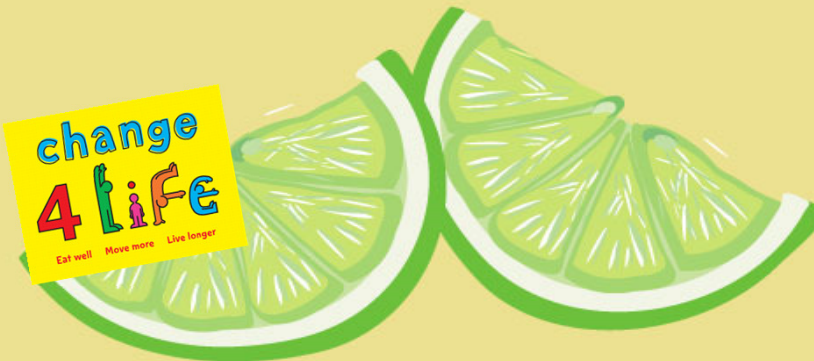
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Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice One	Piri Piri Chicken with Rice*	BBQ Sausages with Mashed Potatoes	Roast Turkey & Stuffing with Roast or Boiled Potatoes*	Lasagne (Beef)*	Fish Fingers with Potato Wedges
Main Choice Vegetarian	Tomato & Pepper Pizza	Vegetarian Shepherd's Pie *	BBQ Quorn Burger in a Bun with Roast or Boiled Potatoes	Mediterranean Vegetable & Mixed Bean Pasta Bake	Vegetarian Chilli with Rice or Potato Wedges*
Vegetable Selection	Cook's Vegetable Selection	Cook's Vegetable Selection	Fresh Seasonal Vegetables	Cook's Vegetable Selection	Peas Baked Beans
Dessert	Rice Pudding with Jam	Dorset Apple Cake with Custard*	Fruit Flapjack and Crème Fraiche	Orange & Lemon Sponge with Custard*	Fruit, Jelly & Ice Cream*

Daily Selection also includes :
Salad Bar , Fresh Fruit, Yoghurt, Cheese & Biscuits
Selection of Sandwiches. Additional bread .



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Menu Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice One	Southern Seasoned Chicken with Mashed Potatoes*	Lamb & Vegetable Jolloff Rice*	Roast Gammon with Roast or Boiled Potatoes	Lamb & Vegetable Tikka Masala with Rice*	Fish in Batter with Chips or Mashed Potatoes
Main Choice Vegetarian	Vegetarian Pasta Bake*	Vegetarian Spaghetti Bolognese*	Wholemeal Leek & Tomato Quiche with Boiled or Roast Potatoes*	Quorn & Sweet Potato Curry with Rice and Naan*	Oriental Vegetable Stir Fry with Quorn & Noodles*
Vegetable Selection	Cook's Vegetable Selection	Cook's Vegetable Selection	Fresh Seasonal Vegetables	Cook's Vegetable Selection	Peas Baked Beans
Dessert	Fruit salad	Plum & Pear Crumble with Custard*	Fruit Cheesecake*	Raspberry & Coconut Sponge with Custard	Scotch Pancakes with Fruit & Ice Cream

Daily Selection also includes :
Salad Bar , Fresh Fruit, Yoghurt, Cheese & Biscuits
Selection of Sandwiches. Additional bread.



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